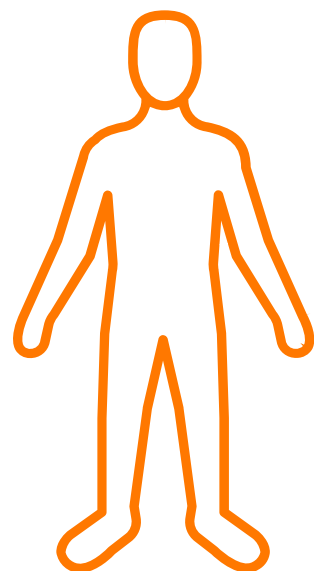


6 What makes your symptoms feel better or worse?
(eg, rest, exercise, hot/cold temperatures, medication, etc)

7 Which joints are your symptoms affecting?
(Check all that apply.)

- Knees Elbows Wrists
 Ankles Fingers Toes

8 Are you experiencing symptoms in other areas? (Mark all areas that apply and talk to your doctor about all symptoms, such as eye pain or stomach issues, so they can appropriately manage your care.)



9 Which of the following quality of life issues would you like to address? (Check all that apply. There are various management techniques and treatment options that may help.)

- Difficulty getting out of bed Struggling to dress yourself
 Difficulty with daily tasks Struggling to complete work tasks
 Difficulty socializing Difficulty exercising
 Other: _____

10 Have you ever seen a rheumatologist for your joint symptoms?

- Yes No

Notes:



With PsA, inflammation can affect more than your skin and joints. It can also affect your eyes, your heart, and your GI tract. If any of these symptoms seem familiar, talk to your doctor.



Rheumatologists are doctors who specialize in diseases of the joints and are often the best doctors to see for the diagnosis and management of PsA.