



**6** What makes your symptoms feel better or worse?  
(eg, rest, exercise, hot/cold temperatures, medication, etc)

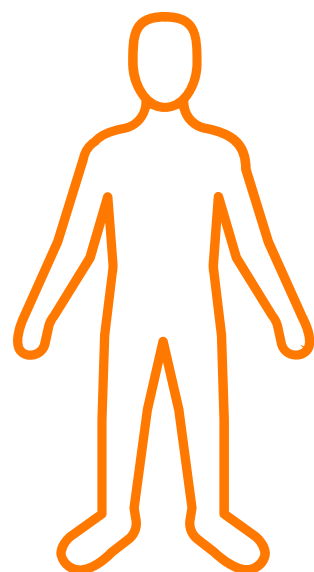
---

---

**7** Which joints are your symptoms affecting?  
(Check all that apply.)

- Knees     Elbows     Wrists  
 Ankles     Fingers     Toes

**8** Are you experiencing symptoms in other areas? (Mark all areas that apply and talk to your doctor about all symptoms, such as eye pain or stomach issues, so they can appropriately manage your care.)



**9** Which of the following quality of life issues would you like to address? (Check all that apply. There are various management techniques and treatment options that may help.)

- Difficulty getting out of bed     Struggling to dress yourself  
 Difficulty with daily tasks     Struggling to complete work tasks  
 Difficulty socializing     Difficulty exercising  
 Other: \_\_\_\_\_

**10** Have you ever talked to a doctor about your joint symptoms?

- Yes, a rheumatologist (specialist in joint conditions)     Yes, my primary care physician  
 Yes, a dermatologist (specialist in skin conditions)     No, I have not talked to a doctor about my joint symptoms

Notes:



With PsA, inflammation can affect more than your skin and joints. It can also affect your eyes, your heart, and your GI tract. If any of these symptoms seem familiar, talk to your doctor.