Psoriatic Arthritis
It’s a Double Whammy

Psoriatic Arthritis Symptoms
Take the symptom quiz at PsoriaticArthritisInfo.com and learn more about PsA. Symptoms may vary from person to person and can include:

- Tender painful or swollen joints
- Red, flaky skin patches
- Back and neck pain
- Swollen fingers and toes
- Nail pitting or separation from the nail bed

Facts About Psoriatic Arthritis

- Approximately 80% of people with psoriatic arthritis develop skin symptoms first.
- Joint pain may not appear until 10 years after psoriasis symptoms first appear.
- PsA occurs equally in men and women.
- Up to 30% of people with psoriasis may develop psoriatic arthritis.
- 40% of people with PsA also have a family member with psoriasis or arthritis.
- Psoriatic arthritis (PsA) is a chronic inflammatory disease that attacks both your skin on the outside and your joints on the inside, and it could lead to irreversible joint damage over time.

Living with Psoriatic Arthritis
The inflammation associated with PsA is caused by an abnormal response of the body’s immune system, which may result in red flaky skin patches known as psoriasis as well as joint pain and swelling - a double whammy.

About 50% of patients may experience erosive PsA (damage to the cartilage and bone).

Visible symptoms of PsA can lead to feelings of embarrassment and self-consciousness.

Fatigue is another symptom associated with PsA.

Everyday Impact of Psoriatic Arthritis

- Joint stiffness can last over 30 minutes after waking, making getting out of bed more difficult.
- Up to 34% of people living with PsA may experience stiffness for over two hours.
- Symptoms of PsA can make everyday tasks more difficult, such as cutting your own food or climbing steps.
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Take the symptom quiz and share the results with your doctor.

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